



**Tuesday, December 15 of 2015**

**DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE MARIAN CENTER OF AURORA, TO THE VISIONARY SISTER LUCÍA DE JESÚS??**

Dear companions,

In the face of the current planetary situation, once again I invite you to find the spirit of peace and harmony through a correct inner stillness, which we call internalization.

Pay attention to My words, because I am not telling you to be unrelated with what is happening in the world, but rather, that you create spaces in your lives to be in stillness and come to know your own consciousness, so that little by little, the more planetary side of your beings may adhere to silence and retreat, and you may thus know how to find inner spaces of peace in the moments of greatest outer chaos.

Always choose moments of stillness when you are before situations that cause the misalignment of your bodies. However much the mind and the emotions are more focused on what is happening in the outer world, they must be educated by the will of the soul itself so that, little by little, it gains its place.

However, if you wait for the mind and the emotions to choose the spiritual life on their own, you will always remain at the same point, without understanding why you receive so many impulses and do not take even a small step. The path of prayer has already united your planetary part with your soul; now you must open to learn with the energy of the soul, but for this, it is necessary that you give attention to it through silence and stillness.

The soul is the vehicle that allows you to step out of material laws. It is the bridge to the spirit and higher life. If you do not teach yourself to listen to your own soul now, it will be very difficult to try to listen to it when the noise of the chaos takes over the planet as consciousness.

Let each one follow these instructions and each day, seek for a little more contact with their soul. You will feel the peace of its indications and, on responding to it, you will be more sure to take the correct steps.

For you to know if it is the soul that is speaking to you, feel its peace. Where there is doubt and unease, the energy of the soul is not there. The soul, as a bridge to God, brings peace and leads you always to the fulfilment of the Plans of the Creator.

In instruction and paternity,

The Most Chaste Saint Joseph