



**Monday, April 27 of 2020**

**DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE MARIAN CENTER OF FIGUEIRA, MINAS GERAIS, BRAZIL, TO THE VISIONARY SISTER LUCÍA DE JESÚS**

To grow humanly and spiritually is to every day contemplate, not only your own responsibilities but also, and above all, the spiritual realities, the knowledge and the Instruction that comes from the Hierarchy.

In this way, you consolidate the guidance within your consciousness and it becomes an experience that matures the being and unites you to God and His Purpose.

To every day Meditate upon the Instructions that God gives you is the elementary part of the path of maturing the consciousness. It is the first step toward becoming an adult in the spiritual life and a human being full of God, not of yourself.

It is through the Instruction of the Hierarchy that you will develop within your being the ability to discern, to decide, to help, to lead the beings through the right path, to keep yourself in the Divine Will, despite all the deviations of the world.

And I do not speak of reading or listening. I speak of meditating, feeling and trying to understand; I speak of seeking opportunities in life to practice the Instructions; I speak of making the Impulses of God become alive and making them flesh within you, every day.

This is how, children, you may grow humanly and spiritually, a little more, every day.

You have My blessing for this.

The Most Chaste Saint Joseph